

BLACKTOWN CITY ELDER ABUSE PREVENTION COLLABORATIVE

Building Blacktown City's capacity to identify and respond to elder abuse, raise awareness to prevent abuse and empower victims.



LOCAL CONTACTS

- 9839 6287** Blacktown City Elder Abuse Prevention Collaborative
- 1800 600 681** Western Sydney Local Health District (WSLHD) Chronic & Complex Services
- 9881 8787** Western Sydney Local Health District (WSLHD) Integrated Violence Prevention and Response Service
- 9677 1962** WASH House
- 4732 2318** West Connect Domestic Violence Services
- 9832 1356** Sydney West Aboriginal Health Service
- 9831 2070** Blacktown Women's and Girls' Health Centre
- 9671 9199** Blacktown Police Station
- 8805 8399** Mount Drutt Police Station
- 9838 2199** Riverstone Police Station

STATE CONTACTS

- 131 444** Police Assistance Line
- 1800 424 079** Seniors Rights Service
- 1300 364 277** Let's Talk Elder Support and Mediation Service
- 1800 424 017** NSW Rape Crisis
- 1800 656 463** Domestic Violence Line
- 131 450** Phone Interpreting - TIS National
- 1800 200 422** My Aged Care (assessment for services)
- 1800 422 737** Carer Gateway
- 1800 100 500** National Dementia Helpline
- 000** In an emergency or if someone is in danger

MY WELLBEING CHECKLIST

1800 628 221

Mon-Fri 9am-5pm
NSW Ageing and Disability Abuse Helpline

- I know how much money I have in my bank account
- I have the freedom to spend my money
- I have the freedom to see family and friends when I want
- I attend social activities
- I receive medical attention when I need it, and have a say about my healthcare plan and treatment
- My personal care needs (showering; personal hygiene etc.) are taken care of
- I am treated respectfully by my family and friends
- I feel safe at home

Think about your responses. If you have any concerns about your situation, you may wish to talk to someone you trust such as a family member, friend, doctor, religious leader, or you can call the NSW Ageing and Disability Abuse Helpline.

Acknowledgement: adapted from the checklist produced by the Far North Coast Older Persons Wellbeing Collaborative and NSW Ageing and Disability Commission.



Blacktown Women's and Girls' Health Centre and North West Sydney Women's Domestic Violence Court Advocacy Service

